Personal trainer contract

This agreement is dated:		nent is dated:	[date]					
It is made between:			[Trainer's name]					
Of			[address] (the "Trainer")					
And			[Client name]					
Of			[Client address] (the "Client")					
Backg	jround	d						
-	•	_	ent is to set out the legal contract between the Trainer with the training programme (the "■ ■ ■ ") ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■					
The te	erms o	of this agreeme	ent are:					
1.	Prog	gramme an	d requirements					
	1.1.	•	nt is for the [self employed] Trainer to complete the ith the					
	1.2.		alone responsible for all taxes arising on money the Client and indemnifies the Client .					
	1.3.	The Trainer is/	/is not registered for ■ ■ ■ , [■ ■ ■ 123456789].					
	1.4.	The Trainer is	registered with [if any, ••••••••].					
	1.5.	The Client cert	tifies that he is over 18 ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ .					
	1.6.		as provided his curriculum vitae [any additional certificate]					
	1.7.		nay / may not] sub-contract any					
	1.8.	The Programm	ne will be completed in accordance					
		[Timetable]						

2. Terms of service

3.

	Client's attention is drawn to the following special requirements, uptions and expense. Delay caused by these ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■ ■
2.1.	Extra time will be incurred if the Client fails to provide a cleared work
2.2.	The location for Programme sessions is [home of client or trainer's premises, •••••••]
2.3.	The price charged is for the Programme of [8] ■ ■ ■ .
2.4.	Failure to attend one or more sessions does not entitle the Client to a
OR	
2.5.	A training session may be cancelled only on [48] hours' notice. If notice given is shorter, or the SERION SERION SE
2.6.	The Client agrees that he will not
2.7.	The Client will bring to the attention • • • • • • • • • • • • • • • • • • •
2.8.	[Other requirements = = = = = = = = = = = = = = = = = = =
2.9.	If the Trainer is unable to attend a session,
Trai	ner's account and expenses
3.1.	The full cost of the Programme [= = =] = = = = = = = = = = = = = = =
3.2.	A cheque is a a a a a a a a a a a a a a a a a a

3.3.	The Trainer shall submit an account at the end of each [week / month] covering his work [
3.4.	The account shall include whatever reasonable expenses the Trainer has incurred • • • • • • • • • • • • • • • • • • •
3.5.	A complaint or rejection of some part of work
3.6.	The Trainer reserves the right to charge the Client interest in respect of the late payment of any money
3.7.	The cost of any materials
Trai tern	ner's account and expenses: possible alternative
3.8.	The sum of \$[amount] = = = = = = = = = = = = = = = = = = =
3.9.	Upon completion of the Programme, the Trainer shall submit an account.
3.10.	Except the termination of this contract under following paragraph, the Client
	_

4. Safety and insurance

4.1.		ainer undertakes to obtain insurance against liability for sional negligence in work
4.2.		ient undertakes at all times to maintain appropriate insurances
4.3.		ient is aware that physical exercise may in some circumstances, gerous.
1.4.	The Cli	ient certifies that:
	4.4.1	the information he/she has given ••••••••••••••••••••••••••••••••••••
	4.4.2	he/she will inform the Trainer immediately he/she becomes aware
	4.4.3	he/she has
	4.4.4	all equipment, furniture or other thing supplied by
Con	fident	tiality

5. (

5.1. In the	nis pai	ragra	ph:
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Damage"	means = = = = = = = = = , = = = = =
	,

	"Perso	nal Information"		, 		•••
5.2.	Each p	earty to this contrac	t = = = = = = =	•••••	• • • • • • • • • • • • • • • • • • • •	••
	5.2.1	•••••		or otherwise	,	
	5.2.2	not post any text,				• • •
5.3.	•	arties agree that an		•	•	
5.4.		ient accepts persor				
5.5.		tter how this contra ■ ■ ■ [20] ■ ■ ■ ■				
Limi	itatior	of liability				
This p	aragrap	oh = = = = = = = :				
6.1.		rainer is at any tim	, he will provid . ■ ■ ■ ■ ■ ■		s he = = = =	•••
	• • • •					••
6.2.		/	• • • • • • •	•••••	/	

6.

													••	••
	•••	■ .												
6.3.	This	paragra	oh app	lies to	all of	i:								
	6.3.1	a def	ect in v	work c	lone o	or not	don	е						
	6.3.2					• • •		•••		• • •				
	6.3.3	negli	gence	or any	othe	er tort								
•••	•••				• • •		• • •	••	•••	••		• • •	ı ' =	•
6.4.												••	••	••
	•••			•••] =	••	••
	•••			•••	• • •						-			
6.5.					•••									
0.5.		■ ■ ■ ■ ■ ■ ■ ■ ■ ■										••	••	
	•••	-												
6.6.	•••			•••			• • •	• • •		 		••	••	••
	•••		•••	•••				• • •	• • •					
6.7.														
0.7.							■ ■ ,							
				•										
	• • •													
6.8.														

OR

		 \$ [1 , 000].
7.	Mis	cellaneous matters
	7.1.	
	7.2.	
	7.3.	
	7.4.	
	7.5.	
	7.6.	
		It shall be deemed to have been delivered:
		;
		72 ;

6.9.

					- = =								1	 • •
			• • •		• • ·			. = =						 ■ ,
7.7.														
				• • •					-	••				
7.8.														
7.9.	••••					1								
				•			• • •	•		•••	:	• • •		
7.10.			ı∎,∎											
	••]•													 ••
Signed by [Trainer's	s name	the]	Trair	ner:									
Signed by [6	Client na	ame]:												

Signed by [the Director on behalf of] the Trainer:

OR

Signed by [name] on behalf of [Client name]:

Schedule: Programme

[Enter detail of Training programme]

Explanatory notes:

Personal trainer contract

General notes

1.	What is	in the	agreement?
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The main purposes of this agreement are:

- to enable you to do the agreed work;
- to get paid for the specified work;
- to get paid for extras;
- not be liable to your client for more than you ■ ■ ■ ■ ■ ■
- to convince your client that you are a competent and

The version of this document you will need for one client might be quite different from what you need for another. It is a good idea to keep this full version and take a copy of it to edit for each client.

2. Background and Programme

Enter name of company if you work through $\blacksquare \blacksquare \blacksquare \blacksquare \blacksquare \blacksquare \blacksquare$.

We strongly recommend that you use a written programme. No special words, no special language, no rules. It can be one sentence of ten words or ten pages of work. The purpose is to make sure there is nothing to argue about later. Use the programme also

............

Make sure you include your price in the programme. This is \blacksquare \blacksquare \blacksquare \blacksquare \blacksquare \blacksquare

Final points about this contract:

make sure your client has signed the contract.

	make sure you have dated the contract
3.	Australian Taxation Office self employment rules
	Your client will want to be certain that you are self employed. This is important because if the ATO deems that you are an
	•.
	Although the rules do not greatly affect the words of this , , , , , , , , , , , , ,
	https://www.ato.gov.au/business/employee-or-contractor/
Par	agraph specific notes:
Notes	numbering refers to paragraph numbers.
1.	Programme and requirement
	The most important issue here is to make clear that you are not responsible for your
	We make clear that you are self employed and responsible for your own taxes. Why?
	Clients also like to
	Avoid responsibility for any sort of permission or licence. Then whatever
	A few more items to •••••••••••••••••••••••••••••••••••
2.	Terms of service
	Often, a profitable job is spoiled by unforeseen expenses which fall to you to be paid. How far you accept these is up to you, but you should be able to quote a

	You may like to add special requirements in time, $\blacksquare \blacksquare \blacksquare \blacksquare , \blacksquare \blacksquare \blacksquare = \blacksquare = \blacksquare = \blacksquare$
	Many clients find it all too easy to tell you what they want,
3.	Trainer's account and expenses
	Getting paid can be a nightmare. Having this contract
	There are so many alternative arrangements that we have given you first a
	suggested complete set and then,
	Trainer's account and expenses: possible alternative terms
	Here we have given you a menu of alternative sub paragraphs. ■ ■ ■ ■ ■ ■
	•••••
	Whatever payment arrangement you make,
	We repeat:
4.	Safety and insurance
	We suggest you make no change here.

This paragraph is intended to prevent your client from telling the World about

5.

Confidentiality

6.	Limitation of liability
	You are deemed to be the expert. Your client is a "consumer". Consumers are protected.
	There are several essential edits required as to the
	We have provided the words • • • • • • • • • • • • • • • • • • •
	•••••
7.	Miscellaneous matters
	A number of special points. We have identified each of these as important ■ ■

End of notes

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