

UK-SGApsv13

## **Personal trainer contract**



## 2. Terms of service

[illegible]

- [illegible]

*OR*

- 2.5. A training session may be cancelled only on [48] hours' notice. If notice given is shorter, or the ..... , ..... .
- 2.6. The Client agrees that he will not be under the influence of alcohol or any .....
- 2.7. The Client will bring to the attention of the Trainer [any specific instructions/ medicines] ..... .
- 2.8. [Other requirements of the Trainer to ..... ].
- 2.9. If the Trainer is unable to attend a session, he will give as much notice as possible. If that happens, ..... .

### 3. Trainer's account and expenses

- [illegible]

OR

- [illegible]

- 3.8. The sum of £[amount] [REDACTED].
- 3.9. Upon completion of the Programme, the Trainer shall submit an account. [REDACTED] [REDACTED] [REDACTED].
- 3.10. Except the termination of this contract under following paragraph, the Client [REDACTED] [REDACTED] [REDACTED], [REDACTED].





## 6. Limitation of liability

[illegible]

- 6.1. If the Trainer is at any time confronted with a health or safety issue requiring urgent attention, he will provide such help as he
- 6.2. The Client agrees on behalf of him/herself and his/her personal representatives to release and
- 6.3. This paragraph applies to all of:
- 6.3.1 a defect in work done or not done
- 6.3.2 a breach
- 6.3.3 negligence or any other tort

[illegible]

- 6.4. The Trainer shall have no liability to the Client in respect of a Default unless the [ 14 ] .
- 6.5. The Client agrees to give the [ 14 ] .
- 6.6. If a number of Defaults give rise to [ 14 ] .
- 6.7. The Trainer shall not be liable to the Client in respect of a Default, for loss of profits goodwill or any type ( [ 14 ] )





if delivered : 72 ;

if sent by post : 72 ;

24

.

].

[illegible]

7.10.  $\frac{1}{2} \left( \frac{1}{2} + \frac{1}{2} \right) = 1$

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Signed by [Client name]:

OR

Signed by [the Director on behalf of] the Trainer:

Signed by [name] on behalf of [Client name]:

## **Schedule: Programme**

*[Enter detail of Training programme]*

## Early Start and Cancellation Rights

This is to explain your rights under the Consumer Contracts (Information, Cancellation and Additional Charges) Regulations 2013.

..... , .....  
 ..... 14 ..... , .....

[illegible]

..... , .....  
..... , .....  
..... .

[illegible][illegible][illegible][illegible]

## Request to start work

To,

[enter Trainer's name]

[address]

[email]

..... / ..... / .....  
 .....  
 ..... .

[illegible]

Signed

Date:

Client name:

Client address:

## Model cancellation form

[ .....  
.....].

..... [ ..... , ..... , ..... ,  
..... - .....  
..... ]:

..... / ..... / ..... / .....  
..... [ .....  
..... ],

..... [ ..... ] / ..... [ ..... ],

..... : [ .....  
..... ],

Address: [\[enter your address\]](#),

Signature: (only if this form is notified on paper),

Date: [\[date\]](#)

# Explanatory Notes:

## Personal trainer contract

### General notes

#### 1. What is in the agreement?

The main purposes of this agreement are:

- to enable you to do the agreed work;
- to get paid for the specified work;
- to get paid for extras;
- not be liable to your client for more than you ■■■■■■■■■■■■ ,
- to convince your client that you are a competent and ■■■■■■■■■■ ■■■■ .

The version of this document you will need for one client might be quite different from what you need for another. It is a good idea to keep this full version and take a copy of it to edit for each client. ■■■■ , ■■■■■■■■■■ ■■■■■■■■■■ ■■■■■■■■■■ .

#### 2. Background and Programme

Enter name of company if you work through ■■■■■■■■■■ .

We strongly recommend that you use a written programme. No special words, no special language, no rules. It can be one sentence of ten words or ten pages of work. The purpose is to make sure there is nothing to argue about later. Use the Programme also ■■■■■■■■■■ ■■■■■■■■■■ ■■■■■■■■■■ .

Make sure you include your price in the Programme. This is ■■■■■■■■■■ ■■■■■■■■■■ .

Final points about this contract:

remember to attach the Programme to this contract or refer to it very precisely, or specify the work as part of this ■■■■■■■■■■ ■■■■■■■■■■ .

make sure your client has signed the contract.





## 2. Terms of service

### 3. Trainer's account and expenses

### Trainer's account and expenses: possible alternative terms



**End of notes**